OLD PALACE PRIMARY SCHOOL

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Ofsted Outstanding 2008|2009

4th September 2026

Dear Parents/Carers,

Swimming Lessons in Year 5

Pupils are required to be taught swimming as part of the National Curriculum. Year 5 children will begin weekly swimming lessons on Monday 7th September. The lessons will take place at Poplar baths.

Swimming lessons will take place every, **every Monday** for duration of the Autumn term. The children will travel to Poplar Baths using the DLR.

All children are expected to participate in Swimming lessons unless medical evidence, such as a letter from their doctor has been received. If this is the case, the school will needs an original copy of the letter. Please contact the school office to arrange this.

As a reminder, when attending swimming lessons, the children will need:

- Swimming trunks or costume
- Swimming hat
- Goggles (optional)
- Towel

Jewellery must not be worn in school at any time.

The children previously went swimming in July and so will be aware of the routines.

We thank you in advance for your support in ensuring that the children arrive prepared for their swimming lesson on Monday.

Yours faithfully,

Ms Davies
Assistant headteacher