



OLD PALACE PRIMARY SCHOOL



St Leonard's Street, Bow, London, E3 3BT • Tel: 020 8980 3020

• Email: admin@oldpalace.towerhamlets.sch.uk • Website: www.oldpalaceprimary.co.uk



Monday 2nd December 2024

Dear Year 5 and 6 Parent/Carer,

NSPCC's *Speak out. Stay safe.* Programme

I am pleased to inform you that we are participating in the NSPCC's ***Speak out. Stay safe.*** Programme. This will be delivered through an assembly which I will deliver on Tuesday 3rd December 2024. *Speak out. Stay safe.* is a programme for children aged 5-11 which aims to help children understand abuse in all its forms and to recognise the signs of abuse. For the **Year 5/6 assembly** the NSPCC assembly does state the names of abuse: ***physical, emotional, neglect and sexual.*** Children are taught to speak out if they are worried, either to a safe adult or Childline.

This child friendly programme is aligned with the curriculum and consists of an age appropriate virtual assembly and supporting classroom based activities which we have reviewed. The content is delivered in an engaging and interactive way with the help of the NSPCC mascot Buddy. The following week, Year 5 and 6 will receive a face to face workshop, led by an NSPCC volunteer. If you would like to know more about the *Speak out. Stay safe.* programme please visit www.nspcc.org.uk/speakout.

Parents and carers are asked to let school know if their child may have experienced anything (in the past or happening now) which may mean they need extra support before, during or after taking part in this programme.

Additional NSPCC resources for families to help keep children safe

The NSPCC have shared some important information below on wider NSPCC resources and support to help keep children safe.

<p>Parent/Carer support</p> <p>Take a look at information, support, advice and activities from NSPCC for parent and carers.</p> <p>www.nspcc.org.uk/parents</p>	<p>Activities to extend learning at home</p> <p>Take part in games and activities at home to help children learn about speaking out and staying safe.</p> <p>www.nspcc.org.uk/activities</p>
--	--

<p>Online Safety Hub</p> <p>For information on a range of different online safety topics including gaming, social media, sharing images, parental controls and more.</p> <p>www.nspcc.org.uk/onlinesafety</p>	<p>Childline – under 12's</p> <p>Childline have an accessible website with advice, support, games and activities. Children can change the language, enlarge text and also listen to the content.</p> <p>www.childline.org.uk/kids (7-11)</p>
---	--



PROUD TO BE A
MUSIC MARK
SCHOOL
2023 - 2024



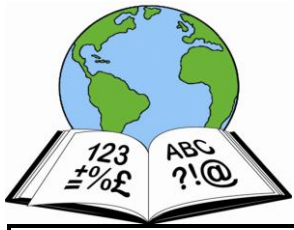
EXCELLENCE MARK
Training & Development



Healthy School



Headteacher: Mr G. Palmer BA (Hons)
Business Manager: Michele Walsham



OLD PALACE PRIMARY SCHOOL



St Leonard's Street, Bow, London, E3 3BT • Tel: 020 8980 3020

• Email: admin@oldpalace.towerhamlets.sch.uk • Website: www.oldpalaceprimary.co.uk



Talk PANTS with your children

Talk PANTS is a simple conversation to help keep children safe from sexual abuse. From P through to S, each letter of PANTS provides simple but important messages. Download the free resources at www.nspcc.org.uk/pants.

I hope you find this information about the NSPCC and the *Speak out. Stay safe.* programme helpful. Please do contact me if you have any further questions.

Kind regards,

Mrs Bowley
Deputy Head and DSL



Headteacher: Mr G. Palmer BA (Hons)
Business Manager: Michele Walsham