

Do you have a child in Nursery, Reception or Year 1?

[Come and join the online drop-in Parents Oral Health Session](#)

Online: Via MS Teams

**Date: Thursday 14<sup>th</sup> November 2024**

**Time: 10.00am to 10.30am and 1.00pm to 1.30pm**

Did you know that almost 40% of 5-year olds in  
Tower Hamlets have holes in their teeth?



Please join the online drop-in Parents Oral Health Session and speak to us to find out how to keep teeth healthy and how our dental fluoride varnish programme works in your school.

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**Microsoft Teams** [Need help?](#)

[Join the meeting now](#)

Meeting ID: 394 787 656 674

Passcode: pFd9ms

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For organisers: [Meeting options](#)



If you are planning to use Teams for clinical purposes, it is important to review usage with your local Information Governance and Clinical Safety teams to determine and adhere to best practice around patient data management.

[Org help](#) | [Privacy and security](#)

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# Happy teeth, happy children

We are trying to improve children's dental health in Tower Hamlets. Did you know that **4 in 10 children** have holes in their teeth by the time they are 5 years-old?

We visit schools to put a **fluoride varnish (coating)** on children's teeth, to help keep them strong and healthy.

This helps protect against holes. Healthy teeth will help your child to eat, speak, sleep and attend school without dental pain.

**This is free and is for children in school nurseries, reception and year 1.**

Speak to your child's school to find out when we are visiting. Scan the QR code to watch our short film or go to

[www.kentcht.nhs.uk/school-dental-video](http://www.kentcht.nhs.uk/school-dental-video)



Point your phone camera at the QR code and tap the pop up which appears.