

Wellbeing Activities @ Old Palace School for Autumn 1

| Activity | Date | Time | Location/venue |
|----------------|------------------------------------|-------------|-------------------------------|
| Walking Group | Monday 16 th September | 9am-10:30am | Meet in School KS2 Playground |
| Dads Badminton | Tuesday 17 th September | 9:30-10:30 | Top Hall |
| Mums Badminton | Monday 23 rd September | 9:30-10:30 | Top Hall |
| Dads Badminton | Tuesday 24 th September | 9:30-10:30 | Top Hall |
| Walking Group | Monday 30 th September | 9am-10:30am | Meet in School KS2 Playground |
| Dads Badminton | Tuesday 1 st October | 9:30-10:30 | Top Hall |
| Mums Badminton | Monday 7 th October | 9am-10:30am | Meet in School KS2 Playground |
| Dads Badminton | Monday 8 th October | 9:30-10:30 | Top Hall |
| Walking Group | Monday 14 th October | 9am-10:30am | Meet in School KS2 Playground |
| Dads Badminton | Tuesday 15 th October | 9:30-10:30 | Top Hall |
| Mums Badminton | Monday 21 st October | 9am-10:30am | Meet in School KS2 Playground |
| Dads Badminton | Tuesday 22 nd October | 9:30-10:30 | Top Hall |