



OLD PALACE PRIMARY SCHOOL



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Cat4 – Cognitive Ability Tests

Dear Parents/Carers,

As explained in our welcome meetings, the children will be sitting 3 Cognitive Ability Tests Next Week to support their secondary school banding.

We have held a short assembly with the children to reduce any worries or anxieties relating to sitting the test, and assured them that all schools in Tower Hamlets are sitting the tests at the same time.

You can find practice resources online by searching using the term 'CAT4 band C practice tests' For Example: <https://www.readysteadypass.co.uk/cat4>

You need to make an account here, but the tests are free.

We would advise against purchasing practice tests at this stage, as they are unlikely to have an impact on the results and may cause your child unnecessary anxiety.

To prepare for the test we would recommend:

- Make sure your child gets an early night.
- Make sure they eat breakfast.
- Make sure they bring a bottle of water to school each day.
- Exercise to reduce stress.
- Don't over revise.
- Encourage them to ask the teacher if they are unsure about anything.
- Encourage them to talk about how they are feeling and reassure them that everyone will be happy as long as they try their best.

We will be sitting the CAT4 tests from Monday until Wednesday next week.

If you have any questions at all, please come and speak with Mr. Heighington in the playground during Drop-Off or collection.

Kind Regards,

Mr Heighington
Assistant Headteacher



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SCHOOL

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Healthy Schools



Headteacher: Mr G. Palmer BA (Hons)
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