









### **Old Palace Newsletter**

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**July 2024** 

#### **SPORTS MORNINGS**



Earlier this month, we held our annual Sports Mornings. Each event contained a wide range of games and races including: obstacle course, hockey dribble, skipping, relay, sack race, water race and egg and spoon As well as promoting physical activity, each event also provided an opportunity for the children to showcase core values, such as resilience, fairness and ambition. It was a pleasure to witness the exceptional sportsmanship shown by the children whilst competing against each other.

We would like to say a big thank you to all the parents who came along to shaire their support. The staff v parents tug of war was as hotly contested as ever and this year the parents were victorious, winning all 3 events.

The final results were announced in a special Sports As-



sembly, where individual prizes/ medals were also given to for Best Performance Overall, Excellent Skills and Outstanding Sportsmanship. The winners were the Blue Team, so congratualtions to them. This is the second year running that Blue has won— let's see if they can make it a hat-trick in 2025!

Regular physical activity is very important for both physical and mental health. At school the children take part in exercise everday—please help them to keep up this routine during the summer holiday. Click here (https://www.nhs.uk/healthier-families/activities) for ideas of activities to try at home.



#### **IMPORTANT DATES**



END OF SUMMER TERM HOLIDAYS
School finishes 2pm Friday 19th July 2024

**ACADEMIC YEAR 2024-25** 

**Return Tuesday 3rd September 2024** 

Please visit our school website for a full list of term dates www.oldpalaceprimary.co.uk



#### **'LEADING' CHALLENGE PARTNERS REVIEW**

The school hosted its annual Challenge Partners Quality Review on 5-7th June. Each review is led by a Lead Reviewer (who is Ofsted trained) along with three senior leaders from other schools. Over the 3 days at the school, the reviewers watch lessons, look at the children's books and talk to pupils and subject leaders about the learning that takes place. This year the team included headteachers from Harrow and Camden and an Assistant Head from Barking

Challenge Partners grades two areas: 'leadership at all levels' and 'quality of provision and outcomes. We are proud to share that again the school has judged as **LEADING in both areas as well as overall**. This is the highest grade that can be awarded.

The report is available <u>HERE</u> and celebrates many of the school's successes. Comments include:

- Relationships between pupils are excellent, modelled by the mutual respect between pupils and all adults
- The rich curriculum is driven by high ambition for all pupils. It is continuously reviewed to ensure it has a powerful impact on pupils' health, social, economic and cultural development and future life chances.
- The curriculum supports pupils' personal development and independence exceptionally well. Pupils gain from a broad range of opportunities to broaden their interests through specialist teaching and coaching or enrichment activities and sports clubs.
- During learning explorations teachers consistently showed strong subject knowledge. They explained concepts clearly, modelled learning inspiringly and used targeted questioning well to ensure a high pace of learning for all pupils.
- Excellence is celebrated in high quality project displays in corridors. Working walls and learning journey records in classrooms encourage pupils to reflect on and be proud of their work

Please join me in congratulating the teachers, support staff and children on achieving such a positive report, which is testament to their hard work and dedication.

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#### **Coffee Mornings**



6<sup>th</sup> June—we held an outdoor coffee morning at Bobs Park. The mums got to show their competitive spirit, as they battled against each other at board games. It was a great opportunity to make new friends, in the splendid sunny weather, and to enjoy the refreshments which the mums had brought to share. A big thank you to all those who attended.



On 13th June we held a fathers/male carers coffee morning. At the event, the dads got creative, designing their own Eid cards for their family members. For some, it was the first time they had done coloured in and one dad said that from now on they would make more of an effort to join in with their children when they are colouring at home. Thank you to everyone who took part.



On 20<sup>th</sup> June we held a coffee morning for the Somali parents. We did not have a great turnout, however thank you to those mums who did attend. It was a great session where forthcoming school workshops and trips were discussed. Thank you for coming and sharing your suggestions.

#### **Half Moon Theater**

On 4<sup>th</sup> July, Malachi Green, Creative Learning Manager from Half Moon Theatre, came to speak to our Year 6 parents, regarding a free project that the theatre is offering over the summer holidays. The project aims to support the transition from year 6 to year 7, using drama to explore themes such as positive friendship, bullying, online safety, identifying good decision-making and new responsibilities. All sessions will take place at the Half Moon from 10:30am-3:30pm on 5<sup>th</sup>,9<sup>th</sup>,12<sup>th</sup>,16<sup>th</sup>,19<sup>th</sup>& 23<sup>rd</sup>August. Year 6 parents can register their child by send and a command to malachi@halfmoon.org.uk or by calling 0207 709 8905.

#### **Reception Induction Meeting**



On 4th July, Mr Palmer & Mrs Rahman met with the parents whose children will be joining our Reception classes next year. The session was packed with information and gave the parents a chance to visit the classrooms and outdoor area and to collect a holiday homework

pack. We look forward to welcoming our new Reception children in September.

#### Parenting Course

Forida delivered a three week parenting course which explored themes such as boundaries, routines, special times & managing negative behaviour. Thank you to the parents who came along and were willing to share their experiences, ideas and top tips on parenthood. This course will be repeated in the autumn term. If any parents would like advice, guidance or support please speak to Shelly or Forida.

#### **LOST PROPERTY**

There will be a finally chance to retrieve any lost property in the KS2 playground at 3.30pm on Thurs 18th July.

After this time any items which remain unclaimed will be donated to a charity clothes collection

#### Speaking English with Confidence Group visit

On 27<sup>th</sup> June, DLR kindly provided free transport for us to take 20 parents to visit the Tower Bridge Exhibition. This included an opportunity to learn about how the bridge was built, to explore the engine room and to cross the spectacular high level glass walkway. Parents who are Tower Hamlets residents can purchase a £1 Community Ticket to visit this



attraction, but must bring along photo ID. The parents all said that they really en-joyed the visit and were blown away by the incredible bird's eye view of London from the top of the bridge. Thank you to Shelly for organizing

the trip.

#### **Dads' Badminton**



Dads' Badminton has been a great success this year. It is lovely to see how well the dads have bonded. To end the year, the dads decided to arrange brunch at 'Momlette' on Mile End Road, where a great time

was had. We will continue to run dad's badminton in September. If any new dads wish to sign up please speak to Shelly/Forida.

#### **Badminton for Mums**



On 10<sup>th</sup> June, we launched our Mums' Badminton club. This will take place on Mondays from 9:30-10.30am and will alternating with the Walking Group. Many of the mums had not played badminton since they

had left school or got married and so were extremely excited to take part. Sports helps relieve stress, as well as providing a great opportunity to socialize and make friends. If you have not done so alreadyplease come and join us in September. See Shelly/Forida to book your place.

#### **MOVING UP: Applying for Secondary Schools**



These introductory sesprovide sions information about applying to secondary school in September - More sessions will take place in September/October online WER HAMLETS and in schools. The first session will take place

tomorrow, 19th July at 10am. You can book your tickets **HÉRE**. The next session will take place on 22nd July. Tickets available <u>HERE</u>.

#### **CELEBRATING EID UL ADHA**



On Tuesday 18<sup>th</sup> June, Old Palace celebrated one of the most important festival in the Muslim calendar 'Eid ul- Adha'.



The children got to enjoy parties in their classroom, enjoying the refreshments provided by the school and supplemented by the kind donations from parents. Everyone left feeling very full and happy. The party for our Reception children was held in the Top Hall and parents

were also invited to join in the fun. It was also a pleasure to provide a party for parents, so that the community could celebrate together. There was plenty of fun and food and it was nice that so many of the parents were able to join us. Our Parent Councillors did a great job planning the event and helping to serve the food, ensuring everything ran smoothly. A massive thank you to them and also to all the other parents who gave up their time to come and celebrate with us.



#### YEAR 6 POLICE ONLINE SAFETY WORKSHOP



On 10th July, two officer from the Metropolitan Police delivered a workshop to our Year 6 pupils. The focus of the session was online safety. The officers provided valuable insights into the impact of online behaviour and shared real-life

scenarios to highlight the importance of responsible online conduct. They also talked about online bullying and helped the children to understand that some content is unlawful and could lead to legal action, as by posting it, a crime had been committed. In addition, the children also had the chance to learn more about the role of the police and the equipment that they use. It was an eye-opening session that emphasized the importance of good digital citizenship.

#### YEAR 6 CHILDREN'S UNIVERSITY GRADUATION



On 12th July, Year 6 attended their final Children's University graduation ceremony at Bow School Riverside Theatre, in order to celebrate successfully completing two years of Children's University. Every child was able to achieve an award, ranging from Bronze to Gold, with some children exceeded expectations by completing 500+ hours of extra-curricular activity! We are very proud of the achievements accomplished by the children and thank the parents for helping to make this possible. The ceremony was a huge success. Parents watched with pride while the children, dressed in gowns and mortarboards, walked up to the stage to receive their certificates. Well done Year 6 on all your hard work. We hope you will carry on with your extra-curricular learning when in Year 7.

#### YEAR 5 CAREERS FAIR



As part of their Topic unit on Trade, we invited volunteers from a wide range of different vocations to take part in our annual Careers Fair. This year, we were lucky enough to have visitors from various sectors including: transport (DLR) emergency services (Met Police & London Ambulance), journalism (First News), law, social workers, government officers. The children had some amazing questions prepared and listened enthusiastically while the volunteers shared information regarding their career. The event was a great success and helped inspire the children to think about what they might like to do when they are older. We would like to say a big thankyou to our guests, and an extra well done to year 5 for being excellent participants.



#### YEAR 3 VISIT THE BRITISH MUSEUM



This half term, the children visited the world famous British Museum to support their learning about ancient civilisations in History. They were able to see many historic artefacts linked to Ancient Egyptian times, like The day helped to bringing the children's learning to life, as they enthusiastically explored the gallery and its many exhibits.

#### YEAR 6 VISIT RICHMIX CINEMA

On 8th July, some year 6 children enjoyed a trip to Rich



Mix Cinema in Bethnal Green to watch the film "Coco" about the Mexican tradition of Dia de los Muertos. The children loved the vibrant story and stunning animation. After the screening, they participated in a guided discussion, sharing their thoughts and reflections on the themes of family, culture, and music.

Egyptian sarcophagi, ancient religious artefacts and many golden treasures of the former pharaohs. The children particularly enjoyed seeing the Rosetta Stone, having previously learned in class that this relic had helped archaeologists to decipher Egyptian hieroglyphs.

YEAR 4/5 BOW PRIORY / HERITAGE WORKSHOP



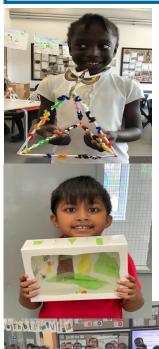
The team at Heritage of London have been working hard to restore the area around the St. Leonard's Priory Archway into a usable space for learning and exploring. Both year 4 and year 5 were invited to visit the archway, opposite the school, to learn more about its history and how it is being restored by a stonemason's.

Children in year 4 also got to take part in an exciting workshop where the children got to learn more about how gateways were built in the past and when back in class they took part in a workshop building their own arches using mixed materials.

The children thoroughly enjoyed the workshops and were left with a better of understanding of local history and the significance of the archway and why it is important to preserve it. A big thank you to Heritage of London for providing these free events.



# **STRUCTURES**



This term, the focus for DT Day was on structures. Each year group focused on a particular type of structure, such as the shell, frame and mass structure. As part of the DT day process, they conducted a 'product analysis', which enabled the children to research existing structures and to think about the user, materials, cost, aesthetics and purpose. Once they completed this part of the day, they then moved on to design their structure, showcasing their design skills before moving on to make their structures using various materials, including boxes, postal tubes, card and straws. In Reception, children created honeycomb using postal tubes. In year 1, children created bug hotels, which included habitats for various minibeast. Year 2 created a shell structure that represented a landmark in London, such as Big Ben and the Houses of Parliament. Year 3 constructed a frame structure of a pyramid that holds weight. Children in year 4 made a small scale truss bridge, using art straws and pipe cleaners. Children in year 5 made a 3D shell structure of a large insect, whilst Year 6 made a dome structure. The children finished the day by evaluating their finished product against the design criteria. There were some fantastic products, so the children should be very proud of what they were able to achieve.



#### YEAR 3 THRIFTWOOD ADVENTURE DAY



For their end of year trip, year 3 visited the Thriftwood Scouts Outdoor Adventure Centre. Here, the children got to develop their independence and team work, as they enjoying a range of activities which it would not be possible to offer at school. On Thursday 13<sup>th</sup> June, all the children got to take part in four different outdoor adventure activities, including: the crate stack, water rollers, bush craft and the pedal cars. The children had a fantastic time taking part in these activities, they particularly enjoyed the water roller, trying to see how quickly they could run on the water. They showed some fantastic fire lighting skills during the bush craft session and showed great resilience, working as a team to balance in the crate stack session. That evening, some of the children also stayed overnight! They camped out in cabins, braving the dark and the creepy crawlies. The children were very excited - for some this was their first night away from home – but everyone was incredibly sensible and slept for most of the night!! The children who stayed overnight got to enjoy an additional five activities: The outdoor obstacle course, the bouldering wall, the zip



line, the ladder climb, the creta run and an evening sing-along around the camp fire. The children loved going down the zip line, many saying that it was their favourite part of the day! Overall it was a fantastic trip, which the children thoroughly enjoyed and are still talking about! We really recommend taking part in our KS2 residentials, as they offer a fantastic experience for the children, just ask those who attended! They are only possible, because staff are willing to freely give their time. Please join me in thanking the staff who volunteered to stay overnight at Thriftwood, so that this trip could go ahead.

#### YEAR 6 HEALTHY LIVES EVENT AT MILE END

Year 6 had the pleasure of participating in the Healthy Lives Daily Mile event at Mile End stadium on 26th July. The event was organised by the Healthy Lives Team and involved several schools from Tower Hamlets. The children were fortunate to be part of a warm up, led by Team GB sprinter Tommy Ramdhan, before they had to run two laps around the track at Mile End Stadium. They were eager to complete their run, receiving London Marathon medals to rewards them for their effort and determination.



#### YEAR 5 STUBBERS ADVENTURE DAY



This year, for the first time, our year 5 classes visited Stubbers Scouts Adventure Centre near Upminster for their end of year trip. The children had an amazing time, taking part in fantastic activities, such as: Bush craft, Vertical Adventure Course, Laser Combat and Caving. The children showed lots of courage, taking on each challenge enthusiastically, conquering their fears along the way! We were very proud of how well the children represented Old Palace and would like to thank staff for giving up their time, so we could extend the day. It was also a pleasure to have Mr Barrows join us for one of the days, to learn more about the opportunities the school provides for its pupils and how the generous annual donation from the Worshipful Guild of Needlemakers, supports this.

#### **YEAR 4 & 6 CRICKET EVENT**

Year 4 were lucky enough to work with a cricket coach this term. Some of our children showed such great skill during the sessions that we were invited to



form a team and take part in the Bow and Old Ford Cricket Tournament. The children went with Mr. Thomson to play against other schools from the borough. Our children did an amazing job and came second in the tournament overall! They also received a certificate of achievement during our whole school Sports Assembly. Well done!

Sports Assembly. Well done!
Similarly on 3rd July, year 6 pupils, who had shown exceptional cricket skills during PE lessons, were given the opportunity to compete in a cricket tournament, hosted by Capital Kids Cricket. They were split into 2 teams and played 3 rounds against a range of other Year 6 teams from Tower Hamlets schools. Between matches, the children were able to take part in workshops on online safety and safer travel. Year 6 worked collaboratively to show their bowling and batting skills, competing to win a chance to attend the final to be held at Lords Cricket ground. Unfortunately, they didn't quite get enough runs, but they should be proud of their efforts and the excellent sportsmanship they showed!



#### YEAR 1 VISIT THE ROYAL MEWS



For their end of year trip, year 1 visited the Royal Mews. The children went to Buckingham Palace and saw the Changing of the Guard. We were lucky to have a great view and loved seeing the crowds and the big band playing drums and trumpets. The children visited the museum and looked at royal artefacts from the past and present. One of us even pretended to be queen for the day and held the royal orb, sceptre and crown! The children learned about the extravagant carriages, which monarchs, including King Charles III, still use for royal events. Did you know that the same golden carriage was used by King Charles III and the previous monarch, Queen Elizabeth II, for their coronations? The children also enjoyed seeing some of the horses that pull the carriages, who were very calm and hardly noticed the children. Finally the children enjoyed a picnic in St. James' Park with their parents, before trying out the playground area. It was a fantastic day! Thank you to all the parents who came along.

#### **YEAR 4 THAMES CRUISE**

For their end of year trip, year 4 got to enjoy a cruise on the River Thames. They boarded the boat at Westminster



and got to see many of London's landmarks as they journeyed along the river all the wayto Greenwich. After the cruise, many of the children got to meet up with their parents for a picnic at Island Gardens Memorial park. The children had a great day and also got to revise their knowledge of rivers from year 3. A big thankyou to all the parents that came and helped to make it such a memorable day.

#### YEAR 3 VISIT NATIONAL GALLERY

This half term, Year 3 went on a trip to the National Gallery, where they were able to view paintings by renowned artists like Monet, Van Gogh, Renoir, and Cezanne. They looked at the different brushstroke techniques these artists used, including hatching, stippling, and the broken colour technique, which linked to their learning in art about Impressionist painters. They were able to see first-hand how impressionist artists used



quick brush strokes to give the illusion of movement. The children were impressed by how large of some paintings were and enjoyed completing the quiz, where they had to find different piece of art. The children really enjoyed their visit!

#### YEAR 2 VISIT CHALKWELL BEACH



This half term, year 2 have been leaning all about the United Kingdom. As part of their learning they were able to visit a local seaside town to make some comparisons between our local area and Chalkwell. To start their day the children did a local area walk around Chalkwell, looking at the features that were similar and different to Bromley by Bow. They saw many different types of buildings including shops, houses and a train station. The then also looked at the seaside and again saw different ways the land was used, they saw ice cream shops, life guard towers, and the seashore. They used all of this information that they collected to complete their sketch maps. After our walk the children headed down to the seaside, where they started the afternoon with a tasty picnic and many of our parents came to join us! In the afternoon, the children got to play along the shore, building sandcastles, collecting seashells and splashing in the sea! Everyone had a lot of fun and it was great to have so many of our parents come and join us!

#### **RECEPTION VISIT COLCHESTER ZOO**

On 12<sup>th</sup> July, Reception visited Colchester Zoo to find out



more about the wild animals they had been learning about in topic. The visit started with a self-guided tour of the zoo, allowing the children to see first hand a wide range of animals, from majestic elephants to the gracious gazelles. Some of the children also got to ride the express train, that took them around the zoo, enabling them to come into close proximity of monkeys, flamingos and leopards. Many parents and carers joined us and helped the children with the exciting exploration of the zoo's various enclosures. This year, the children also got to take part in some great interactive workshops, which focused on habitats and an African safari. Although it was a long day, the children remained full of energy and excitement, making the most of what the zoo had to offer. Thank you to staff, parents and pupils for making this such a successful trip!

#### **CORE VALUE AWARD - July 2024**

The value of the month for July was **FAIRNESS.**Congratulations to:

Reception:
Year 1:
Year 2:
Year 3:
Year 4:
Year 5:
Year 6:
RD Ece & RP Inara
10 Mirah & 1W Amirah
2B Amelia & 2H Zunairah
3K Mahreen & 3H Aryan
4D Safiyyah & 4T Ghena
5D Roma & 5H Faizah
6A Ibrahim & 6W Ismah