



YEAR 4 GILWELL PARK RESIDENTIAL



Year 4 recently attended their residential trip at Gillwell Park, staying for 3 days and 2 nights. This gave the children a great opportunity to be independent, resilient and to showcase great team work. In archery, the children developed their accuracy, learning how to hold their bow properly, attach an arrow and to shoot it from a safe distance. During the leap of faith, the children bravely climbed a tall pole and once they reached the summit, they leaped across to a bar in front of them. The children thoroughly enjoyed the 3G swing, where they worked together to hoist each other up and then they were free to swing high above the ground. To further test their teamwork skills, the children built rafts made of huge barrels and rope. Once these were constructed, they then had to use their new acquired rowing skills to travel across the



lake, holding their paddles correctly. The children showed great communication with each other in order to control the speed and direction of their raft. The climbing wall really brought out the children's resilience, as all children had a go at traversing the outdoor climbing wall. Those with a fear of heights, managed to overcome this and managed to climb as high as they could, with some even reaching the top! The evening campfire showcased the children's singing, dancing and storytelling skills. Finally, the children made their own catapults using tripods, which they constructed by using a cloth stitch knot to tie the bamboo posts together. Thank you to the staff who gave up their time to support the trip and who helped make it such a memorable experience for the children.

We are proud to offer our pupils the opportunity to visit a range of outdoor activity centres. Next half term, year 5 will be visiting Stubbers and year 3 will be returning to Triftwood. If any year 3 parents are yet to sign up for the one night Thriftwood residential, you can do so tomorrow.



IMPORTANT DATES



SUMMER HALF TERM HOLIDAYS
School finishes Friday 24th May 2024
Return to school Monday 3rd June 2024

EID CLOSURE T.B.C
Monday 17th June 2024

INSET DAY—SCHOOL CLOSED
Friday 5th July 2024

ANNUAL SUMMER FETE
Tuesday 16th July 2024

END OF SUMMER TERM HOLIDAYS T.B.C
School finishes 2pm Friday 19th July 2024

ACADEMIC YEAR 2024-25
Return Tuesday 3rd September 2024

Please visit our school website for a full list of term dates
www.oldpalaceprimary.co.uk

YEAR 1 HAMPTON COURT PALACE

To consolidate their learning in history, Year 1 went to visit Hampton Court Palace. They explored Henry VIII's apartments and saw the paintings of Henry VIII and his six wives who they have been learning about at school. They also saw one of the crowns he wore when he was king and played some of the games they used to play in the Tudor times. Afterwards, the children visited the indoor kitchens and looked at how the fireplace, spit and larder were used. They then went on to explore the outdoor gardens and even went inside the famous maze - we were very proud when the children managed to find the way out! It was a fantastic day, with the children feeling very lucky to be standing in the footsteps of King Henry VIII.



CORE VALUE AWARD - MAY 2024

The value of the month for May was **RESILIENCE**.
Congratulations to:

- Reception: RD Yunus & RP Aaliyah
- Year 1: 10 Aariz & 1W Sara
- Year 2: 2B Liyaanah & 2H Faraj
- Year 3: 3K Ismail & 3H Shafayat
- Year 4: 4D Hasan & 4T Ibrahim
- Year 5: 5D Roma & 5H Priam
- Year 6: 6A Ayana & 6W Ihsan

Core value for June will be **Ambition**

PARENTAL ENGAGEMENT

Coffee Mornings, Workshops & Courses

Asthma Workshop

On 18th April, Tori Hadaway Senior Nurse for Paediatric Asthma from Barts Hospital came to deliver a workshop with parents on managing Asthma. The workshop only targeted parents with children who suffer from Asthma and was divided into two separate groups: KS1 and KS2. Those families who needed more support were referred to Mile End Hospital. Thank you to those families who attended the workshop, we hope you found it useful.



Wellbeing: Dads' Badminton

On 23rd April, we relaunched our 'Dads' Badminton Club'. It has been a great success, with around 10 dads attending every week. Sport helps to relieve stress and provides a great opportunity to socialize and make new friends. Some of the Dads have also reported that they have felt fitter and more energetic since attending the weekly sessions. If you are a dad or a male career of a pupil in our school and would like to come along please speak to Forida or Shelly.

KS2 Reading for Pleasure Course



On 23rd April, Peter Gills from the Parental Engagement Team, began delivering a three week course for Key Stage 2 parents on 'Reading for pleasure'. The course explores the importance of parents reading with their child/ren. Doing this regularly helps to establish reading as a habit in the household and by acting as a role model, parents can help to

instill a joy for reading in their child. Part of the training involved the children joining their parents for some reading activities, which the children loved. Feedback from one parent was "the course has given me some useful tips that will help me to support my child's reading comprehension skills. Thank you to all those parents who committed to the course and attended all three sessions.

Free School Meals

On 25th April, Parent Support Worker, Forida, was on hand to help parents apply for Free School Meals using the LBTH online application form. Parents who were not able to complete an application on site were offered 1:1 appointments at a later date. Due to the volume of parents interested in applying, Forida then held a second FSM workshop on Thursday 9th May. If you haven't applied and would like to check your eligibility, please click [HERE](#)

Phonics

On Wednesday 1st May, Mrs Bowley delivered a Phonics Screening information workshop to Year 1 parents. The Phonics Screening is a short statutory assessment that all Year 1 children take to check their knowledge of phonics. At the workshop, Mrs Bowley discussed the THEP Phonics programme that the school follows and shared some past papers, along with examples of the 'Alien' words and 'Real' words used previously. Parents were given hand-outs to help them practice at home with their child/ren.

Managing Worries

Holly Sampson, our School Therapist, led a workshop on 2nd May which focused on managing feelings & worries. During the workshop, the group looked at the importance of allow children to express their feelings/worries. Children often express their emotions by crying when they are sad. This is absolutely fine. Adults should try not to say "stop crying" or "don't be sad" as this may deter the child from sharing their emotions. Children should be encourage to share and label their emotions, as this will make it easier for them to manage their feelings/worries. Feedback was very positive, with attendees commenting that the session had allowed them to reflect on their own behaviour and to identify changes they plan to implement. If you were unable to attend the workshop and would like more information on this topic, please speak to Forida or Shelly.

Cost of Living

On 16th May, the coffee morning focused on the 'cost of living'. Mina Chowdhury from BBBHC, discussed centered on how we can make small change to support budgeting. This included: ensuring appliances are switched off when not in use, using the most economical wash on the washing machines & timing laundry to avoid high tariff times. If you are struggling financially and need advice or support please do not hesitate to contact Mi-na.chowdhury@bbbc.org.uk at the Bromley by Bow Centre.

Promoting Independent Travel for Parents



On 23rd May, the coffee morning was delivered by Sabina Alam, an Ambassador from Docklands Light Railway. She came along to promote the benefits of using the DLR and to discuss how her team can assist with accessibility so that all passengers can travel confidently and independently. The DLR has also agreed to support the school in arranging some picnic days for parents. The dates will be sent out via text closer to the time. Up to 20 parents will be able to travel free on those dates, places will be allocated on a first come first serve basis.

Time2Engage Workshops

This half term 10 families from Reception year group, took part in the family learning sessions after school. The aim of the workshops was to develop Speaking and listening, which supports early reading skills.



We started the session with understanding what are the language benefits of rhyming with children, we talked about words that rhyme can help children recognise sounds in words, spotting similar sounds in words helps expand vocabulary and teaches children how language works.

The children and parents had the opportunity to recite their favourite Nursery Rhymes, then as a whole group they all learnt the traditional rhyme 'Humpty Dumpty'. Parents took away learning packs to continue fun activities at home then share in next workshop.

DATES FOR THE DIARY

Walking Group

Monday 3rd June, 9am-10:30am
Meet at school gates

Dads Badminton

Tuesday 4th June, 9.30-10.30am
Top Hall

Mums Badminton

Stating Monday 10th June, 9.30-10.30am
Top Hall

Coffee Morning: Board games

Thursday 6th June, 9am-10am
Community Room

Dads Coffee Morning

Thursday 13th June, 9am-10:00am
Community Room

Parent Eid Party TBC

Parenting course

Starts Wednesday 19th 26th June and 3rd July
2:30-3:30pm
Community Room

ONLINE SAFETY—TIKTOK



It has become increasingly evident that more and more primary aged children are accessing TikTok. A recent report by Ofcom highlighted that over half of 3 to 17-year-olds are using TikTok. TikTok is a video-sharing platform where you can watch and create videos, and livestream. **The app has an age-rating of 13+.**

TikTok can be a creative outlet for young people, as it allows them to learn about video editing and discover new interests. However, it can

be easy for children and young people to come across inappropriate content on the app. Because TikTok uses algorithms to show users new content, it's easy for young people to come across inappropriate or upsetting videos. The platform also has communication features that allow users to privately message each other, which could put your child at risk of being contacted by someone they don't know. Please take a keen interest in your child's online activity. If the school finds out that a child has a TikTok account, we will send a letter to their parent/carer to notifying them. A follow up meeting may be held to highlight steps that can be taken to ensure the child is not being placed at unnecessary risk online.



NSPCC : RIGHT TO SPEAK OUT

At the start of May, Mrs Bowley (previously Miss Millward) delivered NSPCC assemblies to KS1 and KS2. The assembly focused on the theme **'Speak Out. Stay Safe'** With the help of the mascot 'Buddy', the children looked at topics such as, bullying and abuse, without using any scary

words or adult language. They learnt about the different types of abuse in a child-friendly and age appropriate way, so they can get help if or when they need it. They identified safe adults they can talk to if they are ever worried about themselves or a friend and learned about Childline and how it can support them.

The key messages the children remembered were:

- ◆ Every child has the right to speak out and stay safe.
- ◆ Making a child feel scared or worried is never okay.
- ◆ If they are ever worried they know who to talk to, so they can get help.
- ◆ Whatever their worry, they can always call Childline on 0800 1111 or visit childline.org.uk/kids

YEAR 1 FARMERS MARKET

For our Make it Real project, Year 1 turned the playground into a farmer's market! To consolidate their learning on the topic 'On the Farm,' they recapped all the different fruits, vegetables and crops that can be grown on a farm and what they can be used for. They then made various foods using these; including naan bread, fruit salad and vegetable salad. They also sold cups of milk! Finally before the big day, they made posters to advertise the market. The children had great fun selling the produce to parents and families. Thank you to all the parents who came along to support the event. We hope you enjoyed the tasty treats.



YEAR 6 SATS



Last week, year 6 children across the country completed the end of key stage 2 SATs tests, which are set by the government. They completed tests in Reading, Grammar, Punctuation & Spelling, Arithmetic and Mathematical Reasoning.

We wish all our year 6 pupils great success in the tests– they have worked incredibly hard over the last term, showing great focus and resilience.

As this can be a stressful time, we arranged for an online, interactive session to be delivered by Kooth, which is an online mental wellbeing community which works with young children to help them maintain their mental wellbeing. This gave the children an opportunity to share any negative emotions they were feeling about the SATs. The facilitator, Cleo, was able to provide strategies and tips that the children could use to help when they were feeling anxious about revision and assessments. It was a great session that helped the children feel more at ease about the SATs and other big events in their lives.



As a post-SATs treat, year 6 were taken to Hollywood Bowl in Surrey Quays. They had lots of fun competing against each other to get a strike, while showing off their excellent bowling skills. After bowling, they got to enjoy a tasty lunch and enjoyed some time playing in Southwark Park, before finally returning to school.

Children in year 2, will no longer have to take SATs tests, as their progress will now be assessed internally by the school. In contrast, pupils in years 1 & 4 will be required to complete national tests in early June. Pupils in **year 1 will complete the Phonics Screening** between 10-14th June and children in **year 4 will take the online multiplication tables test.** Half term provides the perfect opportunity for some last minute phonics and time table practice for these children!

CELEBRATING ST GEORGE'S DAY

To celebrate St. George's Day, Year 1 learned all about the story of St. George and why he was important for



England. Did you know that he fought a dragon to save people in the village?! The children then decorated shields to express what is important to them and we had a parade in the playground. The children were then treated to a delicious picnic. We had a great afternoon!

SUMMER UNIFORM REMINDER

As the weather warms up, we would like to remind parents of our Summer Uniform policy. This can be found [HERE](#). Please remember that if children wear sandals, these need to be worn with socks. The sandal must be plain, sturdy and fitted with a heel strap to help avoid

PERMITTED	NOT PERMITTED
	
	
	

accidents.

Children may also wear a sun hat and sun glasses, as long as they are plain and non-branded. It is a good idea to apply sunscreen, before the child comes to school in order to provide UV protection. Please do not send fans into school, as these can distract the children from their learning. They are not needed as all teaching spaces are ventilated, and in the event of extremely hot weather, safety procedures would be put in place.

FREE LBTH HALF TERM ACTIVITIES



Whether you're looking for something for the little ones, an inexpensive way to get out of the house or to meet like minded people, we think you'll find something you'll like. For more information please on all borough wide activities, please click [HERE](#)

Cycling Club for Boys & Girls

- Starting Monday 27th May 2024 (10:00)
- Location Mile End Stadium
- Registration required click [HERE](#) for application

Fun Fishing Activity

- Starting Tuesday 28th May 2024 (10:30-15:00)
- Location: Victoria Park
- Registration required click [HERE](#) for application

Canoeing-Session

- Starting Friday 31st May 2024 (10:00-15:00)
- Location: Victoria Park
- Registration required click [HERE](#) for application

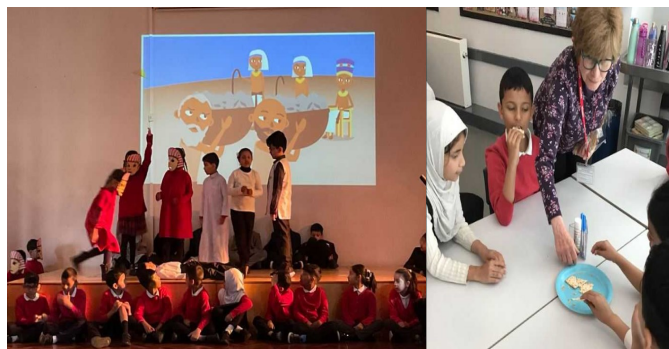
YEAR 4 PLATFORM CRICKET



Year 4 were very lucky this term. As part of their PE lessons, they were supported by a team of cricket coaches to help train and teach them throughout the Spring and Summer term. The children showed lots of promise, learning how to bat, field and bowl, and the coaches were very impressed with their hard work. All the children shined, but some children who showed some talent for the sport may be selected to take part in an inter school cricket festival in summer 2. Watch this space, we may well have our very own Old Palace Cricket team coming soon!

YEAR 3 PASSOVER FESTIVAL ASSEMBLY

This half term, year 3 have been learning about the festival of Passover. The children were visited by David and Veronica, who explained how they celebrate this festival. They talked about a special dinner which is held on the first night of Passover, where six dishes, each with a special meaning, are served on a Seder plate. Later, the children got to share their learning by performing a festival assembly. In the assembly, they



told the story of Passover and of Moses. They did some fantastic singing and storytelling. It was great to see so many of the parents come to watch the assembly. The children worked really hard on the assembly and were so excited to perform for their family.

YEAR 6 VISIT THE EAST LONDON MOSQUE

This half term, the year 6 children were given a tour of the East London Mosque. They were shown its different features and found out more about their meaning. They also got to find out more about the history of the East London Mosque and how it was designed to be able to hold so many worshippers. They asked insightful questions, which allowed them to deepen their knowledge. They then put this to good use in their RE lessons when considering how architecture can be used to express be-



RECEPTION VISIT THE SEA LIFE CENTRE



On Tuesday 21st May Reception, headed to the London Sea Life Centre in Westminster. The aquarium holds one of Europe's biggest collections of marine life! It is home to thousands of sea creatures including green sea turtles, sand tiger sharks, jellyfish and gentoo penguins. The children were mesmerised by the wonderful coral reef kingdom. They observed the colourful coral reef surrounded by a multitude of sea creatures, which thrive in this environment. The children learnt how important coral reefs are to marine life, as a quarter of sea animals depend on this habitat. The children discovered that there were over two hundred species of jellyfish and 46 different types of seahorses. They noticed the unique appearance of seahorses and learned how they possess a great number of attributes that set them apart from other marine creatures, such as their ability to change colour and to use their tail to hold and eat things. Another highlight was the glass walkway tunnel. The children showed great courage as they walked through, looking at the sand tiger and zebra sharks swimming above them. Everyone had a great time and the children's behavior was fantastic. Seeing so many marine creatures in one space really brought to life all the great learning that the children had completed in school, as part of their topic



YEAR 3 VISIT BOYDELLS DAIRY FARM

This half term, the year 3 children visited Boydells Dairy Farm to learn more about food production, and where milk comes from and how it is processed. They had the chance to see many different animals that produce milk and learned about how dairy farms operate. They got the chance to see how vegetables are grown and distributed on a farm, as learned more about how the different layers of milk are separated, in order to make a variety of dairy products, such as cream and cheese. The children really enjoyed getting to bottle feed the baby lambs, and see the cows, rabbits, guinea pigs, chicks and other animals that live on the farm. The trip linked to the children's science learning about food and healthy living, providing first hand experiences to deepen their understanding. Overall the children had a fantastic day at the farm and learnt a lot!



YEAR 1 VISIT NATIONAL PORTRAIT GALLERY



As well as learning about the Royal family and the Tudors in history, Year 1 have also been learning about royal portraits in art. The children learned how royal portraits often contain symbols to show how rich and powerful the monarch is. The children then got a chance to create their own portraits, in the style of the Royal family, including symbols to represent the things that are important to them. To consolidate this learning, the children visited the National Portrait Gallery, where they got to see many amazing portraits, including some of kings and queens from Tudor times! They even got to sketch their favourite portrait from the collection, with lots of children deciding to draw King Charles III or Prince William and Princess Kate. The children had a great time and enjoyed seeing the real portraits, which they had previously seen as photographs at school.

YEAR 2 VISIT THE SOANES CENTRE

This half term, year 2 have been learning about different habitats. The children explored many different habitats including: the ocean, the polar regions and temperate woodlands. The children learnt about different plants and animals that lived in each of these habitats and how they have adapted in order to survive. To further their learning, the



children visited the Soanes Centre, where they got to investigate three different habitats: woodland, grassland and a pond. They got to look at the different plants, mini beasts and animals that could be found in each of these habitats. This included some pond dipping, using fishing nets to skim the pond to see which creatures were hidden below the surface. The children found many different pond mini beasts and even got to see a newt! The children really enjoyed their visit and liked being able to see some of the plants and animals first hand.

YEAR 5 VISIT CAMLEY STREET NATURAL PARK

As part of their topic on Life Cycles, Year 5 visited the beautiful nature park at Camley Street to study different habitats and all manner of creatures and plantlife. On the banks of Regent's Canal, the reserve is a haven for plants and wildlife. The woodland, grassland and wetland habitats provide a home for mallards, coots, kingfishers, herons, amphibians and insects, not to mention a rich variety of plant life and rare fungi. The children spent the day investigating these animals, plants and insects and learning all about the different stages in their life cycles. The children have also been learning about the impact of single plastic use and as their Make it Real project decided to write to Tesco to ask them to reduce the amount of plastic used in packaging.

