LET'S SAVE THE

## MONDAY

Margherita Pizza 1,3,7,9 v **BBO Vegetable Burrito** 1 VG **Jackets with a Choice of Toppings** 7,8,9

NOURISH

WEEK 1

**15TH APR** 

**13TH MAY** 

17TH JUNE

15TH JULY **2ND SEPT** 

**30TH SEPT** 

WEEK 2

22ND APR

**20TH MAY** 

**24TH JUNE** 

22ND JULY **9TH SEPT** 

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WEEK 3

**29TH APR** 

**3rd JUNE** 

**1st JULY** 

**16TH SEPT** 

14TH OCT

WEEK 4

**6TH MAY** 

**10TH JUNE** 

**8TH JULY** 

23rd SEPT

21st OCT

**Baked Potato Wedges** Peas. Carrots Yoghurt 3,7 Fruit Pots vg

Macaroni Cheese 1.7 v Sweet Potato & Bean Pie vg Jackets with a **Choice of Toppings 7,8,9** 

> **New Potatoes Seasonal Vegetables**

Baked Tortilla Chips 1 VG Samosa Puff 1 VG Jackets with a **Choice of Toppings** 7,8,9

Herby Bread 1,3,7,9 Yoghurt 3,7

Singapore Noodles 1,3,16 vg Tomato & Herb Pasta 1 vg Jackets with a **Choice of Toppings** 7,8,9 **New Potatoes Seasonal Vegetables** 

Fruit Pots vg

## TUESDAY

Beef & Onion Pie 1 Cheesy Pasta Twists 1.7 v **Jackets with a** Choice of Toppings 7,8,9

**New Potatoes Seasonal Vegetables Cheese & Biscuits 1.7** 

Fruit Pots vg

**BBO Chicken Loaded Wedges** Herby Tomato Penne Pasta 1 VG Jackets with a Choice of Toppings 7,8,9

> Sweetcorn **Courgettes** Yoghurt 3.7

Fruit Pots vg

Chicken Fajitas 1.4 Cheese & Tomato Pinwheel 1.7 v Jackets with a Choice of Toppings 7,8,9

> New Potatoes **Sweetcorn**, Peppers

Cheese & Biscuits 17 Fruit Pots vg

**Jerk Chicken** Cheese & Bean Wrap Pocket 1.7 v Jackets with a Choice of Toppings 7,8,9

LOOK OUT FOR OUR THEMED DAYS

## WEDNESDAY

**Roast Chicken & Gravy** Loaded Cajun Bean Wedges vg lackets with a **Choice of Toppings** 7,8,9

**Rustic Roast Potatoes or Jollof Rice** Broccoli, Sweetcorn

Yoghurt 3,7 Fruit Pots vg

**Roast Turkey & Gravy** Vegetable Hot Pot vg Jackets with a Choice of Toppings 7,8,9

Rustic Roast Potatoes or Jollof Rice Cabbage, Carrots

Fruit Pots vg

Quorn Sausage & Gravy 1 VG Jackets with a **Choice of Toppings** 7,8,9

Green Beans, Carrots

Fruit Pots vg

**Roast Chicken & Gravy** Vegetable Toad in The Hole 1.7.9 v Jackets with a

**Rustic Roast Potatoes or Jollof Rice** Cabbage, Peas

Fruit Pots vg

# THURSDAY

ER

**Sweet Chicken Curry** Tomato Spaahetti 1 vg .lackets with a Choice of Toppings 7,8,9

Rice **Cauliflower**, Carrots Yoghurt 3,7

Fruit Pots vg

Chicken Pie 1 Pesto Pasta Bake 1.7 v Jackets with a Choice of Toppings 7,8,9

**Carrots. Green Beans Garlic Bread** 1379

> Yoohurt 3.7 Fruit Pots vg

Sausage Roll 1,6 **Cheesy Pasta** 1,7 Jackets with a Choice of Toppings 7,8,9

**Rustic Roast Potatoes Baked Beans**, Broccoli

> Yoahurt 3.7 Fruit Pots vg

Penne Bolognaise 1 Vegetable Pastie 1 vg Jackets with a Choice of Toppings 7,8,9

Baked Wedges, Green Beans Sweetcorn, Garlic Bread 1.3.79

> Yoghurt 3,7 Fruit Pots vg

# FRIDAY

APRI

**OCTOBER 20** 

Fish Fingers 1,8 Cheese & Spinach Pinwheel 1.7 v .lackets with a **Choice of Toppings 7,8,9** 

Chips, Peas **Baked Beans, Carrot Sticks** 

Lemon Drizzle Cake 19 Yoghurt 3.7. Fruit Pots vg

Salmon Pasta 1.78 Rice & Bean Burrito 1 VG Jackets with a Choice of Toppings 7,8,9

Chips. Peas **Baked Beans, Coleslaw** 9

Ice Cream 7 Yoghurt 3,7, Fruit Pots vg

**Chicken Bites** 1 Margherita Pizza 1,3,7,9 v Jackets with a **Choice of Toppings 7,8,9** 

Chips. Peas **Baked Beans, Cucumber Sticks** 

> Vegan Brownie 1 vg Yoghurt 3,7, Fruit Pots vg

> Fish Fingers 1,8 Summer Frittata 7.9 v Jackets with a Choice of Toppings 7,8,9

Chips, Peas **Baked Beans, Coleslaw** 9

Oaty Biscuit 1,15 VG Yoghurt 3,7, Fruit Pots vg

VG Vegan V Vegetarian

#### AVAILABLE DAILY:

Homemade Bread 1.3.7.9 Allergen

# Cheese & Riscuits 17 Fruit Pots vg **Bean Chilli with**

**Rice, Seasonal Vegetables** 

# Fruit Pots vg

Cheese & Biscuits 17

**Sunshine Rice Cauliflower**. Carrots Yoghurt 3,7 Fruit Pots vg



**Roast Chicken & Gravy** 

Mashed Potato or Jollof Rice

Yoghurt 3.7

Choice of Toppings 7,8,9

Yoghurt 3,7

1 Wheat Gluten 2 Crüstaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg 10 Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Dat Gluten 16 Barley Gluten