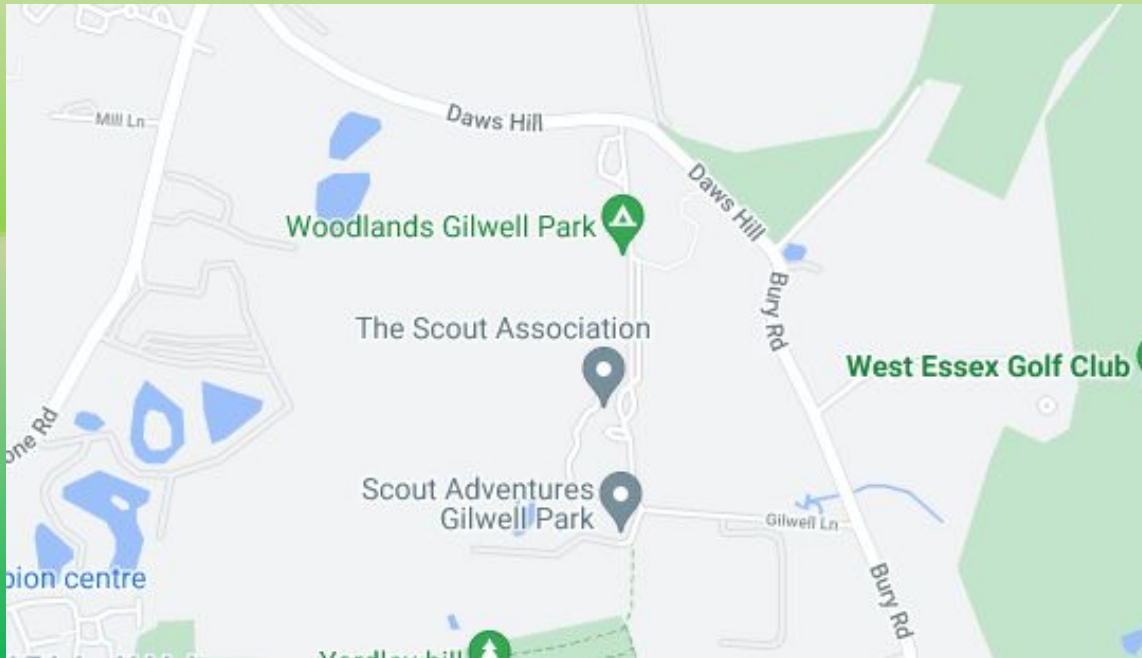




Gilwell Park

Year 4 - 8th May – 10th May

Where?



Waltham
Abbey, London,

Approx. 40 min
drive from Old
Palace

Why?



- Key part of the national curriculum – children can participate in activities that can't otherwise be done on school grounds.
'take part in outdoor and adventurous activity challenges both individually and within a team'
- Builds character and independence
- Gives children new and shared experiences
- Activities provide meaningful adventures
- Potential to bring out talents
- Helps to promote teamwork/sharing skills
- Builds self esteem and confidence
- Helps to improve emotional/physical health and well being
- FUN!

Sleeping Arrangements



En-suite rooms

Separate boys and girls wings

We will give the children some option in who they share a room with or complete the activities with.

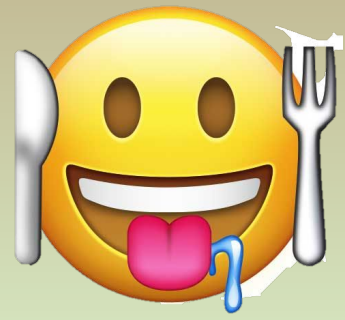


Children to bring their own sleeping bag and pillow



All food is Halal food.

Meal Times



Cooked breakfast

Lunch (sandwiches)

Cooked evening meal

Evening snack (Hot chocolate & biscuit)

Children can bring healthy snacks (of an appropriate amount)



Example Menu

BBQ chicken and vegetables, or cheesy broccoli bake and vegetables. Dinner rolls and salad available. Magnum ice creams.

Activities



3G Swing

Archery

Fire lighting

Hike

Grass Sledging

Leap of Faith

Climbing Wall

Crate Stacking

Raft Building

Campfire













Kit List

Suitcase

- ☐ Underwear x 5
- ☐ Socks x 5
- ☐ Swimwear x 1
- ☐ Sun hat
- ☐ Tracksuit bottoms / Jeans x 4
- ☐ T-Shirt x 5
- ☐ Fleece / Jumper x 3
- ☐ Light waterproof jacket
- ☐ Sensible footwear (trainers) x 2
- ☐ Slippers / Sandals
- ☐ Night wear
- ☐ Sleeping bag
- ☐ Pillow and Pillow case
- ☐ Rucksack / Backpack

Wash bag

- ☐ Water bottle
- ☐ Towel x 2
- ☐ Toothbrush
- ☐ Toothpaste
- ☐ Shower gel
- ☐ Sun cream
- ☐ Comb / Brush
- ☐ Bin bag for washing
- ☐ A couple of plastic bags

Other bits

- ☐ Pocket money up to £ 5.00
- ☐ Flashlight with batteries
- ☐ Medication for Asthma/Eczema or Allergies in a labelled bag.

Total cost of trip £246 (inc. coach), however after school contribution, it will cost **£95**.

To secure your child's place

1. Email admin@oldpalace.towerhamlets.sch.uk to register your interest and secure your place.
2. You will then receive an email to confirm your place and will be asked to pay a non-refundable deposit of **£40** (First come/ first serve basis) using the online payment system.

Total 3 Payments

YEAR 4

£40 deposit to secure place
(first come first served)

£30 by 25th March (Monday)

£25 (full amount) by 12th April (Friday)

Once we have confirmed numbers with Gilwell Park on 15th April, the school will be charged.
After this date we will be unable to issue any refunds, unless another child is able to take up the space.