



OLD PALACE PRIMARY SCHOOL



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Wednesday 20th December 2023

Dear Year 4 Parents/Carers,

Swimming Lessons in Year 4

Pupils are required to be taught swimming as part of the National Curriculum. Year 4 children will begin weekly swimming lessons on a **Monday** (during the school day) next half term. The lessons will take place at Poplar Baths- the children will travel to Poplar Baths using the DLR. **Their first lesson will be on Monday 8th January 2024**

All children are expected to participate in swimming lessons **unless** medical evidence, such as a letter from their doctor has been received.

When attending swimming lessons, the children will need:

- Swimming trunks or costume – please ensure these are **fitted** and **not** loose.
- Swimming hat
- Goggles (optional)
- Towel
- For children with long hair, use hair ties/bobbles to help keep the hair in place inside the hat



Jewellery **must not** be worn in school at any time.

Children **are not allowed** to wear their swimming costumes under their uniform and must get changed into them once they reach the changing rooms. This is a rule set by Poplar baths and enforced due to hygiene reasons.

We thank you in advance for your support in ensuring that the children arrive prepared for their first swimming lesson on **Monday 8th January 2024**.

Kind regards,

Miss Millward
Deputy Head



PROUD TO BE A
MUSIC MARK
SCHOOL
2023 - 2024



EXCELLENCE MARK
Training & Development



Healthy School



Headteacher: Mr G. Palmer BA (Hons)
Business Manager: Michele Walsham