



Oral Health Promotion Team
will be conducting
Heathy Teeth in Tower Hamlets
Parent Session at
Old Palace Primary School
On Wednesday, 4th October 2023

9:15am -10:15am

Our Aim :

- ◆ To show and explain effective tooth brushing and use of fluoride toothpaste.
- ◆ To encourage children on eating healthy foods which contributes to healthy teeth and healthy body.
- ◆ To ensure children are aware of the importance of dental visit.
- ◆ To explain what is fluoride varnish and what it does to the their teeth.

