THRIFTWOOD 2023

Thursday 13th July – Friday 14th July





Where



Orchard Ave,
Brentwood CM13 2DP

How we'll get there

Bromley-By-Bow to Mile End (Underground)
Mile End to Stratford (Underground)
Stratford to Brentwood (TFL Rail)
Walk from Brentwood Station to Thriftwood Camp site

Journey time approximate 1 and a half hours

Why?

- Key part of the national curriculum children can participate
 in activities that can't otherwise be done on school grounds.

 'take part in outdoor and adventurous activity challenges both individually and
 within a team'
- Builds character and independence
- Gives children new and shared experiences
- Activities provide meaningful adventures
- Potential to bring out talents
- Helps to promote teamwork/ sharing skills
- Builds self esteem and confidence
- Helps to improve emotional/ physical health and wellbeing
- FUN!

Sleeping arrangements

Tent village (with tents provided and set up by Thriftwood) and is on a secure site. Has a block of toilets near to the tents easy for children to access if needed.

Separate Girls and Boys tents.

Staff in separate sleeping tent.

Children bring their own bedding (sleeping bag and pillow).











Toilet block next to the tents.

Meal Times



All food is Halal food.

Breakfast

Lunch provided by the school (school packed lunch)

Pizza in the evening.

Evening snack (Hot chocolate & biscuit)

Children can bring some healthy snacks (of an appropriate amount)

Activities Like...

http://www.thriftwood.org.uk/activities/









Climbing Wall

Zip Lining







Ladder Climb







Soft Archery



Cresta Run











Obstacle Course













Water Rolling





Demolition







Orienteering



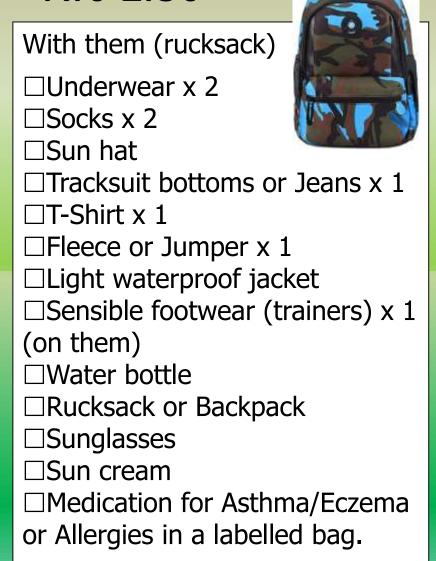




Camp Fire



Kit List



Small Bag which will travel separately. (No larger than a carry on size!)
□Towel
□Toothbrush
□Toothpaste
□Comb or Brush
□Bin bag for washing
□Flipflops
□Night wear
☐Sleeping bag
□Pillow and Pillow case
Other bits
□Flash light with batteries□1 pack of crisps, biscuits and sweets MAX

Total cost of trip is approximately £55-60 per child, however after school contribution it will cost about £30.

To secure your child's place

- 1. Email admin@oldpalace.towerhamlets.sch.uk to register your interest and secure your child's place. There are only 30 places available.
- 2. You will then receive an email to confirm your place and will be asked to pay a non-refundable deposit of £10 (First come/ first serve basis) within 24 hours using the online payment system.

Total payments will be due in by June 16th 2023