

# OLD PALACE PRIMARY SCHOOL



St Leonard's Street, Bow, London, E3 3BT • Tel: 020 8980 3020  
Email: [admin@oldpalace.towerhamlets.sch.uk](mailto:admin@oldpalace.towerhamlets.sch.uk) • Website: [www.oldpalaceprimary.co.uk](http://www.oldpalaceprimary.co.uk)



## World Smile Day



Friday 7<sup>th</sup> October 2022

Do an act of kindness, help one-person SMILE!



This year, Old Palace will be taking part in World Smile Day on Friday 7<sup>th</sup> October and we are inviting our parents to join in!

### Did you know...

Making someone smile can elevate their mood!  
Smiling can help you live longer.  
A smile can reduce pain.  
A smile can lower your blood pressure.  
Smiles are contagious!

### What is World Smile Day?

World Smile day is a day devoted each year to smiles and acts of kindness throughout the world. On World Smile Day people are encouraged to do acts of kindness and make at least one-person smile. You will feel great and the world will feel better when millions like us take part in the challenge! We are then encouraged to share our acts of kindness with others through #worldsmileday and #wsdchallenge.



### What Old Palace will be doing!

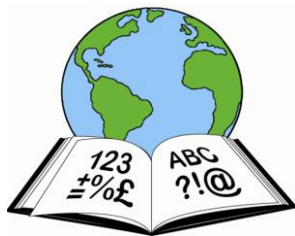
At Old Palace we will be encouraging our pupils and families to complete an act of Kindness on Friday 7<sup>th</sup> October, to help make someone smile. This might be sending a kind message to someone about how great they're doing, helping a friend out, telling someone a funny joke to make them smile. We would then like our parents and pupils to share what they did to make someone else smile by filling in our smile template and sending them into school. We will then use these smiles to create an Act of Kindness mural that we will display in the school to help keep the smiles going all year round!



Healthy Schools



Headteacher: Mr G. Palmer BA (Hons)  
School Business Manager: Michele Walsham



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Parents, please fill in our smile to show how you will make someone smile on World Smile Day 2022! Once you have filled in your smile with your acts of Kindness please send them back to school with your child by Friday 7<sup>th</sup> October 2022. If you would like a hard copy of the smile to write on, please see Ms. McClelland in the playground after school or come and collect one from the school office!

Children will be completing their smiles in school, so this one is for you parents!

We can't wait to read about all your acts of kindness!

Kind Regards,

Ms McClelland  
Assistant headteacher



**EXCELLENCE MARK**  
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MAYOR OF LONDON



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