



## Old Palace Year 4 Newsletter Autumn 1

Assistant Head - Mr. Manalo  
Teachers – Ms. Ali (4A) Mr. Thomson (4T)  
Support Staff – Ms. Ahmed, Mr. Artan, Ms. Begum & Mr. Hatto

**Below is some key information for your child's year group. Please take time to read the newsletter with your child and keep it in a safe place.**

### Thank You!

We would like to say a big thank you to the parents for your support in following the new safety procedures. We know there have been lots of changes and we are very grateful for your cooperation in following these. Dropping off and collecting children on time is a big help and we really appreciate parents sharing information when children display symptoms, as this helps us to keep everyone safe.

### Uniform

As the weather starts to get colder it is important that your child brings a warm coat every day. This is also needed in case of rain.

Also as windows have to be open to provide good ventilation, please make sure that your child has a jumper that can be worn in class and wears additional layers. If it is forecast to be a hot day, then please ensure you put sunscreen on your child and provide them with a hat which can protect them from the sun.

As the children will be doing some type of fitness daily, please ensure your child wears the appropriate footwear (no open toe sandals). Smart, black trainer shoes can be used or the children can change into trainers then back into their school shoes after their fitness session.

### Healthy Eating

The school has a healthy eating policy which can be found on the school website. There you will find all information on our expectations of what home packed lunches should contain, what is allowed to bring into school should you wish your child to bring in treats for the class on their birthday and how we are teaching our children the importance of healthy eating in our curriculum.

### Absence

It is very important that your child attends school when they are able to. Even missing one day, means they may miss out on key learning, which then makes it more difficult for them to understand when they return to school.

If you have any particular concerns regarding attendance we can offer support from the School Social Worker or the School Attendance and Welfare Advisor. The guidance below helps to explain when child should be kept off school, otherwise they miss out on important learning.

### Safeguarding

At Old Palace, we place a great importance on the welfare and safety of our pupils. Our Designated Safeguarding Officer is Ms. Kurup. Schools have a legal duty to safeguard and protect children. Staff have a duty of care to monitor the children's well-being, appearance, demeanour and attendance. Should our staff have any concerns, they are required to report this as part of their legal duties.

Part of our monitoring also includes online safety. In a recent pupil survey, just over half of pupils had said they were being monitored when using a device at home. We would like to remind carers and parents that children **should** be monitored when using a device connected to the internet.

Children are using a variety of apps such as Discord and Tik Tok, please see <https://www.net-aware.org.uk/> to find out more information about the age restrictions, how safe the app is and what they are mainly used for.

Should you your child need to report any inappropriate or dangerous behaviour online please ensure they take a screen shot and report it to either [www.ceop.police.uk](http://www.ceop.police.uk), a member of staff or the admin of the app.

For parents wishing to improve their privacy and parental controls on their device, please email admin and request support from our IT technician.





### Reading

Bug club accounts have been updated and all children should have new books to read. Please remind your child to access their account each week to read one of their books and complete the quizzes at the end. Each child also has 2 weekly library books. These are sent home on a Friday and are returned on a Monday, 10 days later.

### Spellings

All the children completed a High Frequency spelling test. They will have been sent home with any spellings they got incorrect. It is really important you practice those spellings with your child. Remember: **Look, say, cover, write, check.**

### Maths

Each child has a times table rock stars account to help them with their time tables. They can log on using their username and password, via the following link. <https://play.trockstars.com/auth/school/student/45687> Please email or call the school if you need the log in details.

### PE

The children need to bring in their PE bag every **Monday** and take it home on a **Friday**. Year 4 have PE on a **Monday and Wednesday afternoon** please ensure they have the appropriate kit, such as tracksuit bottoms and a jumper during the colder months.

### Trips

We have revised our Risk Assessments for trips taking into account the COVID safety procedures and are now able to take our children on educational visits to support their learning. The children will be visiting the **Tate Modern** to look at European art.

### Vocabulary

Please help your child to use these words and check they understand what they mean

Week 2	indulge	facilitate	decline	quench
Week 3	required	conflict	definite	restrain
Week 4	predicament	enhance	desperately	reveal
Week 5	respond	trace	device	revive
Week 6	period	interval	disclose	sacred
Week 7	resident	allocate	distinct	captivating

### Topic

This half term, Year 4's topic is '**Europe**'. The Year 4 team look forward to seeing what topic activities they have chosen to complete at home, starting from 10<sup>th</sup> September.

### Homework

Year 4 will receive their homework via Google Classroom. Each week they are expected to complete the following:

Weekly spellings  
Grammar  
Maths



They are expected to complete it by **Monday**.

Please email admin should you need any assistance with their login.

### PSHE

We place a high importance on the children's wellbeing and as part of this we have decided to have weekly PSHE lessons. Throughout the year teachers will be delivering lessons using the 'Jigsaw' scheme of work, except in Summer 2 when we will not be teaching the 'Changing Me' unit. Jigsaw is based on a mindfulness approach which encourages pupils to:

- be aware of your thoughts and feelings as they arise.
  - be able to focus your mind on what you choose to focus it on both outside of you and within you.
- This term's theme or 'puzzle' is entitled 'Being Me in My World' In this unit, the children will be exploring who they are and their place within the school and wider community.

When sensitive topics, such as puberty are due to be taught, we arrange a parents' meeting prior to the lesson to discuss the content and resources to be used. We did this last year with Year 4 parents in March and will do so again this year

### Text Alerts and Appointments

Currently, Good News Slips, Red Cards and Green Medical Slips will be sent via text. Please ensure we have the correct contact details. In addition, should you wish to raise or concern or contact any member of the school team, please contact [admin@oldpalace.towerhamlets.sch.uk](mailto:admin@oldpalace.towerhamlets.sch.uk) as we are still continuing to minimise access to the school premises.

### Curriculum

For further information on what your child will be learning this half – term please click here

<https://oldpalaceprimary.co.uk/our-learning/curriculum/>

