



Old Palace Year 4 Newsletter Autumn 1

Assistant Head – Ms McClelland

Teachers – Ms. Martin (4M) Ms Davies and Ms Dawson (4D) Mr Jandrell

Support Staff – Ms Shipa, Ms Rahela and Ms Khatun

Below is some key information for your child's year group. Please take time to read the newsletter with your child and keep it in a safe place.

Thank You!

We would like to say a big thank you to the parents for your support in following the new safety procedures. We know there have been lots of changes and we are very grateful for your cooperation in following these. Dropping off and collecting children on time is a big help and we really appreciate parents sharing information when children display symptoms, as this helps us to keep everyone safe.

Winter Weather

As the weather starts to get colder it is important that your child brings a warm coat every day. This is also needed in case of rain. Also as windows have to be open to provide good ventilation, please make sure that your child has a jumper that can be worn in class.

Sugar Swaps

We would like to remind parents that we ended the tradition of children bringing in sweets/ chocolate to celebrate their birthday. Instead families can send in fruit, but this is not possible at present due to our COVID-19 safety procedures.

Flu Jab

The children's flu vaccine is safe and effective to combat winter flu viruses. This year, we are able to offer the flu nasal spray to all pupils attending Old Palace Primary School, Rec- Year 6. This will take place on **Friday 13th November**, and will be administered by trained staff from the Local Primary Care Trust. Nearer the time, we will send out letters, alongside consent forms. Please read them carefully and return the consent forms to your child's class teacher.



Absence

It is very important that your child attends school when they are able to. Even missing one day, means they may miss out on key learning, which then makes it more difficult for them to understand when they return to school. If you have any particular concerns regarding attendance we can offer support from the School Social Worker or the School Attendance and Welfare Advisor. The guidance below helps to explain when child should be kept off school, otherwise they miss out on important learning

If your child has symptoms of Covid, they should not come to school for 10 days, and should get a test. Everyone else in the household should stay at home for 14 days. If the test is negative, self-isolation can end. If anyone else in your household has Covid symptoms, they should get a test and everyone else should stay at home for 14 days. If the test is negative, self-isolation can end.



If your child has:
a high temperature
a new, continuous cough, or
a loss of, or change in, sense of
smell or taste

This could be a sign of
coronavirus

Book a test

If your child has:
a runny nose, is sneezing or
feeling unwell
But they don't have:
a high temperature
a new, continuous cough, or
a loss of, or change in,
sense of smell or taste

These are
**not normally symptoms of
coronavirus**

Seek advice from a pharmacy, dial
111 or see your GP





Reading

Bug club accounts have been updated and all children should have some new books to read. Please remind your child to be accessing their account each week to read one of their books and complete the quizzes at the end. Each child also has a weekly library book. These are sent home on a Friday and are returned on a Monday, 10 days later.

Spellings

All the children completed a High Frequency spelling test. They will have been sent home with any spellings they got incorrect. It is really important you practice those spellings with your child. Remember: **Look, say, cover, write, check.**

Maths

Each child has a times table rock stars account to help them with their time tables. They can log on using their username and password, via the following link: <https://play.ttrockstars.com/auth/school/student/45687> Please email or call the school if you need the log in details.

Assessment

Over the last few weeks, Year 4 have completed assessment activities for Maths, Reading, Writing and Grammar. This is to give the teachers a greater understanding of the areas the children need to focus on and identify any gaps in the learning. All parents will receive a report update at the end of the Autumn term.

Lunch

The children will be served a packed lunch bi-weekly. Should you wish to provide your child with their own **healthy** packed lunch, please inform the school office. This then has to be provided for the rest of the week.

PE

The children need to bring in their PE bag every **Monday** and take it home on a **Friday**. Year 4 have PE on a **Wednesday afternoon**, so please ensure they have the appropriate kit, such as tracksuit bottoms and a jumper during the colder months.

Topic

This half term, Year 4 have been learning all about **Europe**. The Year 4 team look forward to seeing what topic activities they have chosen to complete at home, starting from the **19th October 2020**.

Homework

Year 4 will receive a homework pack at the beginning of each half term. The pack contains home learning for each week (dated on the sheet). Each week they are expected to complete the following:

Weekly spellings
Grammar
Maths



They then bring their homework in on **Monday**, in their PE bag.

All the topic activities and homework packs can be found on the school website:

<https://oldpalaceprimary.co.uk/our-learning/homework/>

Twitter

The twitter class pages will be re-launching soon.

You will receive a text with the twitter page link, so you will be able to find what year 4 have been learning in class.

Emotional Well-Being

Teachers received training on spotting signs of emotional distress at the start of term and the children were given an opportunity to talk about the experience of lock down when they first returned to school. Last week we held our annual Feelings Week, where children were taught how to recognise different feelings and learned techniques to help them manage uncomfortable feelings, for example using mindfulness and breathing exercises. Please ask your child to talk to you about what they learned. Our school therapist is also holding a weekly drop in session for any KS2 child who feels the need to talk to someone about their feelings.



Text Alerts

Currently, Good News Slips, Red Cards and Green Medical Slips will be sent via text. Please ensure we have the correct contact details.

