



OLD PALACE PRIMARY SCHOOL



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2th May 2019

Dear Parents/ Carers,

As Ramadan begins next week, I would like to take this opportunity to remind parents of the arrangements that the school puts into place during this period.

The **East London Mosque** has advised schools that children who have not reached puberty, do not need to fast. However the school understands that some children in Years 5 and 6, may wish to join in this important expression of their faith. In such cases, the guidance is that these children should only fast for a few days – perhaps on special days, at the weekend or for one day during the week. This will allow them to show their faith without harming their general health.

Parents of children in Years 5 and 6, who wish their child to fast during the week, need to complete the slip below and return it to their child's teacher by Tuesday 7th May. We ask that children do not fast on days when they have PE or full day trips due to health and safety considerations.

If you wish your child to change to home dinners, we request that you send in written permission to the Office. The reason for this is that in the past some children have claimed to home dinners without their parents' permission, placing themselves in danger. The school will not allow any child to leave the building at lunchtime without first receiving written confirmation from a parent/ carer that the child is now home dinners.

May I take this opportunity to wish everyone Ramadan Mubarak!

Yours faithfully

Headteacher

Ramadan 2019 Fasting slip : Please return slip on Tuesday 7th May 2019

My child _____ in class _____ will be fasting on

(please write day – Mon, Tue etc)

_____/_____/_____/_____/_____

I will provide written notice should I require my child to change to home dinners.

Signed: _____

Date: _____

